



Ruthin Craft Centre
The Centre for the Applied Arts

Celebrating Craft and the Art of Making

little
hands

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craft
kitchen





little hands

Our Little Hands sessions are jam-packed with joyful learning, especially designed for little artists to explore their inner creativity, be curious and **MAKE!**

Creating environments and activities inspired by our exhibition programme which are sensory and playful for you and your little one to discover and enjoy.

craft Kitchen

NEW: Craft Kitchen - Little Hands Recipes for Play

A recipe book style collection of ideas for creative, sensory play that you can do at home.

These 'recipes' are designed by
Ticky Lowe and Illustrated by **Rhi Moxon**
These activities require minimal resources
and are easy to follow.

Soap Kitchen

Most babies and toddlers love playing with water especially during bath time, which is always fun!

So why not extend the water play excitement to the kitchen? There is so much to be learnt from pouring, sifting, whisking, stirring, decanting soapy water and bubbles with kitchen utensils.

*This workshop session is inspired by the work produced by expressionist potter, **Simon Carroll**, which Ruthin Craft Centre exhibited in 2015 in collaboration with the Victoria and Albert Museum.*



Simon Carroll enjoyed experimenting with clay and often decorated his clay vessels with clay liquid, called 'slip'. Which he poured freely (almost in a 'childlike' way) onto jugs, mugs and pots to create bold, expressive marks and interesting textures.



Soap Kitchen

Soap kitchen is an opportunity for little hands to experiment and investigate through the medium of soap and bubbly water!

Ingredients

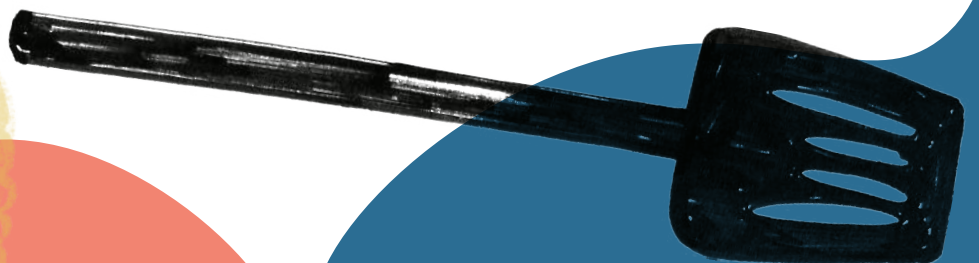
- **Bowls large and small, trugs, washing up bowls, plastic cups, pots and jugs - whatever you can find to fill with water!**
- **Whisks, wooden spoons, ladles, slotted spoons funnels, sieves, colanders.**
- **Soap, bubble bath or essential oil of your choice.**
- **Food colouring (optional)**



1) Find a space on the floor in your house or in the garden

2) Add a cup of water and 2 tablespoons of washing up liquid or bubble bath or a liquid soap of your choice to a bowl or tub and use a hand whisk - whisk it up to create a bubbly froth.

3) Add a drop of essential oil and food colouring for an even more sensory experience.



You can do this together with your child and make up two or three bowls of soap bubble water creating different colours using a variety of food colouring of your choice. You can also use this mixture as thick paint and make amazing swirly patterns!

Together you can experiment with bubbles and water, pouring, filling, sifting, moving from one container to another, bubbles can become a cappuccino, a cake, a beard and so much more!

For more 'soapy' fun try making your very own **soap dough** – for more information on how to make 'Soap dough' at home watch the film created by Ticky Lowe

Extra ingredients for soap dough:

- 1 cups of cornflour
- 1/2 cup of liquid soap or foaming soap
- Food colouring of your choice
- Essential oil

Just add the ingredients to a bowl and mix together to make a dough which you can also wash with!

Safety Tips

Use only mild soaps and only a drop of essential oils - be aware of allergies

Beware of slipping on wet and soapy surfaces and water!

A child must be accompanied by an adult at all times during these sessions.

LINKS

How to make soap dough:

https://youtu.be/laZ8hNeo_k4
<https://youtu.be/BN7drv6Ohwv>

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